

Full Report (All Nutrients) 45086725, HULLED SEEDS, UPC: 033844005269

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer BADIA SPICES INC.

Nutrient	Unit	Data points	Std. Error	2.0 Tbsp 15.5g	1 Value Per100 g
Proximates					
Protein	g	--	--	5.00	32.26
Total lipid (fat)	g	--	--	8.00	51.61
Carbohydrate, by difference	g	--	--	1.00	6.45
Sugars, total	g	--	--	1.00	6.45
Minerals					
Calcium, Ca	mg	--	--	20	129
Iron, Fe	mg	--	--	1.80	11.61
Sodium, Na	mg	--	--	0	0
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	1.2	7.7
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	0.501	3.230
Fatty acids, total monounsaturated	g	--	--	1.000	6.450
Fatty acids, total polyunsaturated	g	--	--	6.000	38.710
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0
Amino Acids					
Other					

Ingredients

HULLED HEMP SEEDS *Date Last Updated by Company:* 03/20/2016